

South Dakota

Nutrition and Physical Activity Program to Prevent Obesity and Other Chronic Diseases (Web site under development)

The Epidemic

61% of South Dakota adults are overweight or obese. (CDC BRFSS, 2002)

20% of non-Hispanic white adults and 36% of American Indian adults in South Dakota are obese. (CDC BRFSS, SD BRFSS, 2002)

The obesity rate for South Dakota adults rose by 98% from 1990 to 2002. (CDC BRFSS, 1990, 2002)

20% of South Dakota high school students are at risk for overweight or overweight. (CDC YRBSS, 2003)

29% of low-income children between 2 and 5 years of age in South Dakota are overweight or at risk of becoming overweight or overweight. (CDC PedNSS, 2002)

Partners

American Cancer Society
American Diabetes Association
American Heart Association
Indian Health Service
South Dakota Action for Healthy Kids
SD and Indian Tribal Organization WIC Programs
South Dakota Association for Health, Physical Education, and Dance
South Dakota Breastfeeding Coalition
South Dakota Coordinated School Health Program
South Dakota Department of Education
South Dakota Department of Game, Fish and Parks
South Dakota Department of Social Services
South Dakota Diabetes Advisory Council
South Dakota Diabetes Education Program
South Dakota Park and Recreation Association
South Dakota 5 A Day Program
South Dakota Healthcare Commission
S.D. Interagency Food and Nutrition Coordinating Committee
South Dakota Maternal Child Health Program
South Dakota State University
University of South Dakota School of Medicine
WISEWOMAN/AWC! Chronic Disease Screening Program

Program Priorities

Preventing obesity is a high priority for the South Dakota Department of Health. In 1997, an interagency Child Obesity Workgroup was formed to collect height and weight data for students and to coordinate obesity-related activities. A *School Height and Weight Report* is published annually that includes guidance for parents, children, teachers, coaches, and food service staff on how to prevent obesity. An *Assessment of Activities Currently Conducted to Address Childhood and Adolescent Obesity in South Dakota* was conducted in 2002. A South Dakota Health Care Commission subcommittee works to promote healthy behaviors through local environmental and policy changes. A team of public and private partners that participated in the 2003 National Governor's Association Policy Academy on Chronic Disease Prevention and Management also focuses on obesity.

With CDC funding, a State Nutrition/Physical Activity Planning Group will be convened that will draw on the experience of existing obesity prevention activities while working to expand and diversify the obesity prevention partnership.

Upcoming Events and Products

- Expansion of the number and diversity of non-state-government partners
- Community forums on the state plan
- A system for evaluating the state plan
- A program Web site

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